

## Dr. Zackery A. Tedder, Psy.D. Post-Doctoral Resident

---

8500 N. MOPAC Expressway  
Suite 901  
Austin, Texas 78759  
Office: 512.710.8514  
[drzack@meetyourmindatx.com](mailto:drzack@meetyourmindatx.com)

Curriculum Vitae/Resume (January 24, 2025)

### **PERSONAL INFORMATION**

Date of Birth: October 15, 1977  
Place of Birth: Sierra Madre, CA  
Country of Citizenship: United States of America  
Gender: Male  
Veteran of the United States Navy (1995-1998)

### **EDUCATION**

- 1. Capella University, Minneapolis, MN 2016 – 2023**  
Major: Clinical Psychology  
Minor: Forensic Psychology  
Degree Conferred: Doctor of Psychology, October 2023  
Published Dissertation: Ketamine Assisted Psychotherapy for Infusions:  
Guidelines for Practice
- 2. Texas State University-San Marcos, San Marcos, Texas 2010 – 2012**  
Major: Health Psychology, Clinical Approach  
Degree Conferred: Master of Arts, May 2012  
Honors: Class Representative
- 3. Texas State University-San Marcos, San Marcos, Texas, 2007 – 2009**  
Major: Psychology  
Minor: Anthropology  
Degree Conferred: Bachelor of Science, December 2009  
Honors: Dean's List, Fall 2009
- 4. Austin Community College, Austin, Texas, 2006 – 2007**  
Major: General Studies (2006-2007)
- 5. San Diego Community College, San Diego, CA 2003**  
Major: General Studies

**EMPLOYMENT HISTORY, past ten years**1) ***Meet Your Mind ATX***

Post-Doctoral Resident, October 2023 - Present

Perform clinical psychological assessments with neuropsychological tools, personality assessments, forensic assessments, and therapeutic intervention. Assessment populations consist of children, adolescents, and adults. Post-Doctoral hours are completed, and full licensure is contingent on completion of the EPPP (pending). I am under the supervision of Dr. Catherine A. Farwell, Psy.D., Licensed Psychologist.

2) ***Foundation Stone Family of Programs***

Chief Clinical Officer, Austin, Texas August 2023 – July 2024

Oversaw clinical operations across the family of programs, provide strategies for onboarding and developing new treatment programs, develop trainings for master's level clinicians, consult with admissions regarding client suitability for admission, and identify cost-saving efforts in delivery of clinical services.

3) ***Texas State University***

Per-Class Lecturer, San Marcos, Texas September 2022 – June 2023

I taught two different undergraduate sections of Forensic Psychology as an elective to 30 students and 42 students, respectively. The job required in-person lectures two days per week, communicating with students in person, at office hours, and via email, communicating with other faculty in the Psychology department, creating a syllabus, and administering exams. The reviews related to my performance were excellent from my students. Department Chair: Dr. Natalie Ceballos, Ph.D.

4) ***Meet Your Mind ATX***

Doctoral Resident & Practicum Student July 2021 – September 2023

Performed clinical psychological assessments with neuropsychological tools, personality assessments, forensic assessments, and therapeutic intervention. Assessment populations included children, adolescents, and adults. I was under the supervision of Dr. Catherine A. Farwell, Psy.D., Licensed Psychologist.

5) ***Austin Professional Resource Center (Austin PRC)***

Psychological Evaluator and Clinical Therapist, Austin, TX May 2014 – July 2022

Worked as a Psychological Evaluator and Clinical Therapist. Conducted psychological and academic assessments for patients in forensic and legal settings and provided Cognitive Behavioral Therapy (CBT) to individuals from early adolescence to mid-life. Referrals came from attorneys seeking insights into clients' substance-related issues, cognitive difficulties, or trial competency, as well as from Psychology Today advertisements, community resource centers, and child emergency shelters. Cases requiring reports were sent to attorneys or judges to assist with legal decisions. Additional referrals involved diagnosing learning concerns, behavioral issues, or treatment solutions for psychological distress. Supervised under Dr. John Huber, Psy.D.

- 6) ***Travis County Community Supervision and Corrections Division (CSCD)***  
Psychological Evaluator, June 2013 – August 2018  
Responsible for performing court-ordered psychological evaluations, violence and sexual risk assessments, and psychopathology assessments on criminal offenders for many felony and misdemeanor charges. These reports are internal to Travis County and with Probation Officers, Court Officers, and County Attorneys. I also gave testimony in Circuit and District courts in some cases.
  
- 7) ***Psychological ARTS (PsychARTS)***  
Psychological Evaluator, Austin, Texas March 2014 – July 2017  
Worked with patients in the Foster Care system, CPS custody, and Juvenile Probation, many of whom had serious histories of abuse, neglect, and co-morbid substance abuse issues. Conducted evaluations measuring I.Q., achievement, trauma-related disorders, and substance-related concerns. Treatment planning and tailored recommendations were central to the process. Additionally, providing expert witness testimony was a key aspect of the role, as many cases went to court, requiring expert witness input. Supervised under Dr. William Dubin, Ph.D. (retired).
  
- 8) ***Travis County SMART Program***  
Clinical Director, Austin, TX, June 2013 – March 2017  
Served as the Staff Psychological Associate/Clinical Director in a facility of 116 residents while overseeing 16 counseling staff. Conducted screening evaluations for court-ordered offenders and collaborated with treatment teams, including Chemical Dependency Counselors, Social Workers, Professional Counselors, Psychiatrists, PNP's, and physicians, to develop diagnostic impressions and treatment plans. Also prepared psychological reports for the courts, offering diagnostic impressions and treatment recommendations regarding offenders' varying mental states.
  
- 9) ***Peak Performance Institute, P.C.***  
Licensed Psychological Associate, Austin, Texas, May 2012 – January 2015  
Duties included performing Cognitive and Achievement Testing, clinical interviews, scheduling clients, triaging clients for treatment options, report writing, progress notes on patients, and customizing treatment plans. The main concentration focused on patients with Schizophrenia and Other Psychotic Disorders, Substance Related Disorders and Psychosis, and autism spectrum disorders. Training also included Neuropsychological assessments and evaluation. I was trained to perform Neurotherapy as a Technician and was proficient in Z-Score and unipolar therapies. I also traveled as an onsite tester at residential treatment centers and worked with staff and treatment teams in providing information to adjust treatment approaches as needed. Clients ranged from ages 4 to 70. LPA License granted November 12, 2012. Supervisor: Dr. Jan Ford Mustin, Ph.D.

## **PROFESSIONAL QUALIFICATIONS**

- Licensed Psychologist with Provisional Status and Post-Doctoral Resident as of March 11, 2024, working under the supervision of Dr. Catherine A. Farwell, PsyD, Licensed Psychologist
- Expert psychometrician in I.Q., academic achievement, mental status examinations, neuropsychological assessments (gross/fine motor skills, executive functioning, memory, graphomotor functioning), substance use disorders, personality disorders, and criminal psychopathology and psychopathy
- Subsequent training in clinical forensic work, including expert witness testimony. Further training includes Not Guilty by Reason of Insanity (NGRI) defenses, and Competency Evaluations for courts
- Trained supervisor for practicum and pre-doctoral interns, consultant for other mental health professionals, and consultant with medical providers
- Licensed Psychological Associate (LPA) issued November 12, 2012, and later declared LPA with Independent Practice From January 2018 through March 2024
- Superior knowledge in computer-based tasks, including MS Office 2000-365
- Proficient in SPSS and psychological research methodologies
- Trained Cognitive-Behavioral and Rational-Emotive-Behavioral Therapies, Reality Therapy, and Brief Therapies
- Trained Ketamine Assisted Psychotherapist (KAP) and have developed new modalities and treatment strategies around KAP for Infusions (KAP-I)
- DoD STRONG STAR Training (PTSD Specialized Training for Treatment among Combat Veteran Populations; Prolonged Exposure Therapy; Written Exposure Therapy)
- Clinical Diagnostics in DSM-5-TR/ICD-10
- 450-hour Master's practicum completed at the Peak Performance Institute, P.C., under the supervision of Dr. Jan Ford Mustin, Ph.D.
- 1000-hour Doctoral Practicum completed at Meet Your Mind ATX, under the supervision of Dr. Lauren Farwell, Psy.D. and Dr. David Hill, Psy.D.
- 2500-hour APPIC Accredited Pre-Doctoral Internship completed at Meet Your Mind ATX, under the supervision of Dr. Lauren Farwell, Psy.D.

## **MEDIA CREDITS**

- CBS News, Austin, March 7, 2019
- Fox 7 News, Austin, March 11, 2019
- *Intervention* (S25 E15), August 5, 2024

## **PROFESSIONAL MEMBERSHIPS**

- American Psychological Association for Graduate Students – 2019 – 2023
- Texas Psychological Association Student Member – 2019 – 2023
- Texas Psychological Association – Forensic Unit – Student Member – 2019 - 2023
- Capital Area Psychological Association Student Member – 2019 – 2021

- Non-Traditional Student's Organization, Texas State University 2008 – 2009
- Southwest Psychological Association, Student Member, 2009

### **VOLUNTEER POSITIONS AND OTHER ASSIGNMENTS**

- Southwestern Psychological Association – Poster Board Presenter, April 2009
  - Ceballos, N., Czyzewska, M., Nichols, M., Rinehart, K., and Tedder, Z. (2009), Accuracy of Self-Reported Body Height and Weight, and Body Image among Caucasian and Hispanic Undergraduates with Different BMI Statuses. Annual Meeting of the Southwestern Psychological Association, San Antonio, TX
- CoPAA – Exhibitor, San Antonio, TX March 2011
  - Informed participants at the Counsel of Parents Attorneys and Advocates (CoPAA) of the services provided by CIP at their national conference.
- TACAC – Exhibitor, Presenter, Dallas, TX April 2011
  - Networked with members of the Texas Association of College Acceptance Counselors (TACAC) and informed them of the growing population of Asperger's Students would be enrolling, how to handle admissions, and transition assistance in this growing population.

### **RESEARCH INTERESTS/AREAS OF EXPERTISE**

- Program development related to inpatient treatment trainings for master's level therapists, to include ethics, psychodiagnostics, and personality disorders
- Ketamine treatment for psychological disorders (MDD, PTSD, GAD, SUDs)
- Professional development around performing therapeutic interventions during Ketamine intoxication in medical settings
- Expert testimony related to childhood trauma, sexual abuse, and neglect
- Expert testimony related to Declaration of Mental Health evaluations in family court system to provide insight to assist in making determinations related to child custody
- Synthetic Cannabinoids, Opioids, and Amphetamines and their long-term effects on psychosis (i.e., K2, Spice, Bath Salts, Flakka, etc.)
- Etiology of criminal and antisocial behavior
- Schizophrenia and Other Psychotic Disorders
- Shamanistic and Psychedelic Medicinal and Plant-Based Approaches to Trauma
- Ketamine infusions, injections, rectal, and sublingual administration methods
- Effects of early childhood sexual trauma and related etiology and sequelae of trauma
- Cultural and behavioral influences and manifestations of childhood sexual abuse
- Hispanic and Latin cultural influences on men's mental health
- South Asian cultural influences in Western settings

**COMMUNITY ORGANIZATION AFFILIATIONS**

- Confirmed Member – St. Albans Episcopal Church
- Ordained Minister – Universal Life Church
- Former Texas House of Representatives Candidate, House District 48 (2017-2018)
- Former Precinct Chairman for Precinct 435, Travis County, Texas (2018-2020)